

sharemy.health™

Upload Your Own Lab Result

1. To begin, login to app.sharemy.health and navigate to your "Home" screen.
2. Click on the "Upload a Test Result" button as shown below.



3. You are now at the result entry screen. Select the type of test from the dropdown.

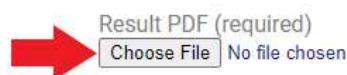


4. Input the date the sample was collected and the date you received the lab results (these are usually found on the lab result itself).

Sample Collected Date
12/30/2020 04:50 PM

Lab Result Date
12/30/2020 04:50 PM

5. Select "Choose File", find the PDF of your lab result, and upload the result. Note: If your lab result isn't saved as a PDF you can use a PDF printer program like "Microsoft Print to PDF" (included with Windows 10) or "CutePDF Writer" to print your result as a .pdf file. There are also other image to PDF converters you can find online to save your lab result as a .pdf file you can use if your result is an image.



6. Select the result of your lab test by clicking on either "Not Detected" or "Detected" (this should be on your lab result).



7. Review the information you entered and then click the "Save" button.



8. Once you are to this screen your lab result has been input successfully and will be reviewed by someone at your organization. Once they either approve or reject your upload you will get a notification letting you know what they did with the result. If your result was rejected and you have questions about it, please contact your local organization.

